



2018-2019 Winter Training

Feeling rusty after 4 months off the field?

Up your game with Base by Pros Winter Training for both Players and Coaches.

Why Sign Up?

PLAYERS: Improve your skills in hitting, throwing, catching and fielding this winter with Base by Pros and Mukilteo Little League coaches. Base by Pros is a local baseball/softball academy focused on helping athletes, and their coaches, reach their fullest potential. Also, new this year, we will be teaching kids to learn how to have a healthy mindset while playing ball.

COACHES: Whether you are a veteran or first time coach, this is a great opportunity to learn from the pros new drills and methods to build the skill level of your team. Base by Pros will train our Coaches every other week, prior to players arrival, for 30 minutes then will continue with coaches and players together *practicing* what was learned.

Who Should Sign Up?

All Rookie to Majors Baseball and Softball players Fee: \$100 per player

All Managers, Assistant Coaches and Parent Volunteers during practice, FREE!

When does it start?

November 3rd -February 9th Saturdays 6 – 7:30pm Off days 12/1, 12/22, 12/29

Clinic Times may be changed if needed to accommodate more players and/or to place players together with a similar skill level.

Where will it be held?

Base by Pros Academy 14926 35th Ave West, Lynnwood Wa 98087 425-200-4448

How do we register?

<http://www.mukilteolittleleague.com/online-registration>

Managers, Assistant Coaches and Parent Volunteers registration will open soon. If interested in attending email Kristen.McNulty@mukilteolittleleague.com to be added to the list now.

